

Jefferson School

CITY CENTER

<p>Charlottesville Parks and Recreation Carver Recreation Center</p> <p><i>Full-service facility with a Fitness Center, Gymnasium, and a variety of recreation programs.</i></p> <ul style="list-style-type: none">• 434-970-3053• www.charlottesville.org/parksandrec• carpenterd@charlottesville.org• Mon-Thu 6a-9p, Fri 6a-8p, Sat 8a-6p, Sun 12-6p	<p>Common Ground Healing Arts</p> <p><i>Non-profit wellness center offering healing arts services on a sliding scale.</i></p> <ul style="list-style-type: none">• 434-321-8384• www.commongroundcville.org• info@commongroundcville.org• Mon-Sat, see website for varying hours
<p>The Women's Initiative</p> <p><i>Individual and group counseling services, social support activities and workshops to empower women.</i></p> <ul style="list-style-type: none">• 434-202-7692• www.thewomensinitiative.org• ebugg@thewomensinitiative.org• Walk-in Clinic: Tues 9-12, Wed 2-5; Individual Sessions: By appointment	<p>Literacy Volunteers of Charlottesville/Albemarle</p> <p><i>Basic literacy, ESL and basic community living skills to people who want to improve their standard of living.</i></p> <ul style="list-style-type: none">• 434-977-3838• www.literacyforall.org• info@literacyforall.org• Mon-Thu 9-6, Fri 9-1
<p>Martha Jefferson Starr Hill Health Center</p> <p><i>Encourages and supports City of Charlottesville families to make healthy lifestyle choices.</i></p> <ul style="list-style-type: none">• 434-984-6220• marthajefferson.org• jacklene.martin@mjh.org• by appointment	<p>JABA's Mary Williams Community Center</p> <p><i>Activity hub with programs specially emphasizing healthy aging for independent adults over 60.</i></p> <ul style="list-style-type: none">• 434-987-8433• jabacares.org/marywilliamscenter• kcarpenter@jabacares.org• Mon-Thu 10-2
<p>Piedmont Virginia Community College</p> <p><i>General education courses and culinary arts associate degree program.</i></p> <ul style="list-style-type: none">• 434-961-5255• www.pvcc.edu• Jefferson@pvcc.edu• Office: M-W 10-6, Fri-, 10-4	<p>Piedmont Family YMCA Intergenerational Learning Center</p> <p><i>Quality child care through positive interactions, Creative Curriculum, and encouraging developmental milestones.</i></p> <ul style="list-style-type: none">• 434-202-0118• www.piedmontymca.org• office@piedmontymca.org• Child Care: Mon-Fri 6:30a-6:00p Office Hours: Mon-Fri 8:30-5
<p>Jefferson School African American Heritage Center</p> <ul style="list-style-type: none">• 434-409-5424• www.jeffschoolheritagecenter.org• admin@jeffschoolheritagecenter.org• Tue-Fri 10-6, Sat 10-3, Sun 1-4	<p>Vinegar Hill Café</p> <p><i>Community café serving house-made recipes using local ingredients. All proceeds benefit JABA.</i></p> <ul style="list-style-type: none">• 434-245-5811• Vinegarhillcafe.org• vinegarhillcafe@jabacares.org• Mon-Fri 8-3, Sat 9-3